



## P.S.H.E.

### Intent, Implementation and Impact Statement

Intent	Implementation	Impact
<p>Our intention is that when children leave St Paul's, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.</p> <p>Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Sex Education</p>	<p>PSHE is taught in EYFs, by following the Jigsaw scheme of work; whilst in KS1 and KS2 PSHE is taught following the PSHE Association scheme, in line with the National Curriculum. At St. Paul's we cover Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.</p> <p>There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.</p> <p>At St Paul's, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach about different kinds of relationships, including same</p>	<p>By the time our children leave St. Paul's we hope that they are able to:</p> <ul style="list-style-type: none"> <li>Approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life.</li> <li>Be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society.</li> <li>Appreciate difference and diversity.</li> <li>Recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.</li> <li>Be able to understand and manage their emotions.</li> <li>Be able to look after their mental health and well-being.</li> <li>Be able to develop positive, healthy relationship with their peers both now and in the future.</li> <li>Understand the physical aspects involved in RSE at an age-appropriate level.</li> <li>Have respect for themselves and others.</li> <li>Have positive self- esteem.</li> </ul>

enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

sex relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain.