

# PSHE



How do friendships change as we grow?

What will change as we become more independent?

How can the media influence people?

How can we keep healthy as we grow?

How can drugs common to everyday life affect our health?

**Year 6**

How can our choices make a difference to others and the environment?

**Year 5**

What makes up a person's identity?

What decisions can people make with money?

How can we help in an accident or emergency?

How can friends communicate safely?

How can we manage risk in different places?

How can we manage our feelings?

How do we treat each other with respect?

What strengths, skills and interests do we have?

What jobs would we like?

What makes a community?

**Year 4**

How do we recognise our feelings?

How can we be a good friend?

Why should we eat well and look after our teeth?

How will we grow and change?

**Year 3**

What jobs do people do?

What are families like?

What keeps us safe?

Why should we keep active and sleep well?

What helps to keep us safe?

**Year 2**

What helps us grow and stay healthy?

What is bullying?

How can we look after each other and the world?

Who helps to keep us safe?

What can we do with money?

**Year 1**

Healthy Me

What is the same and different about us?

What is special to me?

Relationships

What helps us stay healthy?

Dreams/Goals

Celebrating difference

Being Me in my world

Changing Me

**Year R**