## **Autumn Term**

DAY	CLUB	DESCRIPTION	YEAR GROUPS
Monday	Invasion games	Children will be taking part in a variety of different sports such as Dodgeball, Bench ball, Netball, Football and tag-rugby. In addition to specific games, skills and techniques, sessions will cover the basics of agility, balance, co-ordination, speed and spatial awareness. The children will have the opportunity to learn all the rules that are played within these games and use the skills learnt in game situations.	Y6
Tuesday	Dodgeball	Dodgeball is an inclusive sport suitable for all ages, ability levels and genders. It supports the development of physical literacy in a child by encouraging the development of basic running, jumping, throwing and catching skills.	Y3, Y4, Y5
Tuesday	Well-being	Supporting children's emotions and well-being, with a range of fun games and activities.	Reception, Y1, Y2
Tuesday	Popcorn reading	Supporting reading with KS1 in a fun environment.	Reception, Y1, Y2, Y3
Wednesday	Gymnastics	Your child will learn various gymnastics skills, body coordination and it will help to develop and tone muscles.	Reception, Y1, Y2
Wednesday	KS1 Arts & Crafts	Celebrate seasonal activities through the use of art and craft	Y1, Y2
Wednesday	KS2 Arts & Crafts	Celebrate seasonal activities through the use of art and craft	Y3, Y4, Y5, Y6
Wednesday	Cooking	Aims to promote board games as a recreational activity that boosts strategic thinking skills and social interaction.	Y2, Y3, Y4, Y5
Thursday	Football	Football training. Please note that this goes ahead regardless of weather conditions so appropriate clothing should be worn	Y1,Y2
Thursday	Choir	We will sing a range of modern songs and songs from the past. It not only helps your well-being and muscle memory but provides you with a group where we sing together and form a friendship group. There will be performance opportunities as part of our key liturgical school celebrations.	Y3, Y4, Y5, Y6

## **Spring Term**

DAY	CLUB	DESCRIPTION	YEAR GROUPS
Monday	KS2 Football	Football training. Please note that this goes ahead regardless of weather conditions so appropriate clothing should be worn	Y3, Y4, Y5, Y6
Tuesday	Tennis/Badminton	Children will learn rules of the game, techniques, different shots, positioning and game play	Y1,Y2,Y3, Y4, Y5, Y6
Tuesday	Dance	Each week the students will be taught, or develop themselves, a new routine and explore the beats, history, rhythms and steps of a variety of dance styles	
Tuesday	Mindfulness	Supporting children's emotions and wellbeing, with a range of fun games and activities.	Reception, Y1, Y2
Tuesday	Popcorn reading	Supporting reading with KS1, in a fun environment.	Reception, Y1, Y2, Y3
Wednesday	Parachute Games	Develops social skills such as sharing and turn-taking. Develops physical skills like hand-eye coordination, balance and mobility. Uses rhythm and music. Muscles are strengthened as the core and arms are put to work in a gentle but effective way.	Reception, Y1, Y2
Wednesday	KS1 Arts & Crafts	Celebrate seasonal activities through the use of art and craft	Y1, Y2
Wednesday	KS2 Arts & Crafts	Celebrate seasonal activities through the use of art and craft	Y3, Y4, Y5, Y6
Thursday	Boxercise	Aimed at getting children fit and healthy together through a variety of fun innovative boxing workouts.	Y1, Y2, Y3, Y4, Y5, Y6
Thursday	Choir	We will sing a range of modern songs and songs from the past. It not only helps your well-being and muscle memory but provides you with a group where we sing together and form a friendship group. There will be performance opportunities as part of our key liturgical school celebrations.	Y3, Y4, Y5, Y6

## **Summer Term**

DAY	CLUB	DESCRIPTION	YEAR GROUPS
Monday	KS2 Girls Football	Football training. Please note that this goes ahead regardless of weather conditions so appropriate clothing should be worn	Y3, Y4, Y5, Y6
Tuesday	Netball/Basketball	Developing throwing and catching skills in the context of a competitive sport	Y3, Y4, Y5, Y6
Tuesday	Dance	Each week the students will be taught, or develop themselves, a new routine and explore the beats, history, rhythms and steps of a variety of dance styles	
Tuesday	Mindfulness	Supporting children's emotions and well-being, with a range of fun games and activities.	Reception, Y1, Y2
Tuesday	Popcorn reading	Supporting reading with KS1, in a fun environment.	Reception, Y1, Y2
Wednesday	Tri-Golf	A fun energetic version of golf to help develop hitting targets	Reception, Y1, Y2
Wednesday	KS1 Arts & Crafts	Celebrate seasonal activities through the use of art and craft	Y1, Y2
Wednesday	KS2 Arts & Crafts	Celebrate seasonal activities through the use of art and craft	Y3, Y4, Y5, Y6
Wednesday	Games Club	Aims to promote board games as a recreational activity that boosts strategic thinking skills and social interaction.	Y3, Y4, Y5, Y6
Wednesday	Coding	We will create our own code-based games, music-based programs and experiment with physical programming too!	Y3, Y4, Y5, Y6
Thursday	Trim Trail Activities	To help improve balance and coordination, resilience, turn taking, communication, strength and positive attitude to challenge using the trim trail.	Reception, Y1, Y2, Y3, Y4, Y5, Y6
Thursday	Choir	We will sing a range of modern songs and songs from the past including songs related to different topics and silly songs. It not only helps your well-being and muscle memory but provides you with a group where we sing together and form a friendship group.	Y3, Y4, Y5, Y6